

## 2022-23 Grab-n-Go Hot Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>PreK</b>	<p style="text-align: center;"><b>Burrito</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: blue;">1/4 c Corn</p> <p style="text-align: center;">1/4 c Diced or Sliced Fruit Milk</p>	<p style="text-align: center;"><b>Pizza</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: purple;">1/4 c Green Beans</p> <p style="text-align: center;">1/4 c Diced or Sliced Fruit Milk</p>	<p style="text-align: center;"><b>Chili Cheese Dog (Sliced) or Hot Dog (Sliced) or Corn Dog (Sliced) or Corn Dog Minis (Sliced)</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: blue;">1/4 c Potatoes</p> <p style="text-align: center;">1/4 c Diced or Sliced Fruit Milk</p>	<p style="text-align: center;"><b>Grilled Cheese Sandwich</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: green;">1/4 c Broccoli</p> <p style="text-align: center;">1/4 c Diced or Sliced Fruit Milk</p>	<p style="text-align: center;"><b>Rolled Taco</b> 2 M/MA / 2 WGR</p> <p style="text-align: center;">1/4 c Fresh Veggie Cup</p> <p style="text-align: center;">1/4 c Diced or Sliced Fruit Milk</p>
<b>K-8 and 9-12</b>	<p style="text-align: center;"><b>Burrito</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: blue;">1/2 c Corn</p> <p style="text-align: center; color: purple;">1/2 c Cucumbers</p> <p style="text-align: center; color: red;">1/4 c Salsa</p> <p style="text-align: center;">1/2 c Fruit Grain Based Dessert Milk Variety</p>	<p style="text-align: center;"><b>Pizza</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: purple;">1/2 c Green Beans</p> <p style="text-align: center; color: red;">1/2 c Carrots</p> <p style="text-align: center;">1/2 c Fruit Milk Variety</p>	<p style="text-align: center;"><b>Chili Cheese Dog or Hot Dog or Corn Dog or Corn Dog Minis</b> 2 M/MA / 2 WGR</p> <p style="text-align: center; color: blue;">1/2 c Potatoes</p> <p style="text-align: center; color: orange;">1/2 c Beans</p> <p style="text-align: center;">1/2 c Fruit Pudding Cup Milk Variety</p>	<p style="text-align: center;"><b>Grilled Cheese Sandwich</b> 2 M/MA / 2 WGR</p> <p style="text-align: center;"><b>Multigrain Chips</b> 1 WGR</p> <p style="text-align: center; color: green;">1/2 c Broccoli</p> <p style="text-align: center; color: red;">1/2 c Red Bell Pepper or Tomato Cup</p> <p style="text-align: center;">1/2 c Fruit Grain Based Dessert Milk Variety</p>	<p style="text-align: center;"><b>Rolled Taco</b> 2 M/MA / 2 WGR</p> <p style="text-align: center;"><b>Tortilla Chips</b> 1 WGR</p> <p style="text-align: center;">1/2 c Fresh Veggie Cup</p> <p style="text-align: center; color: blue;">1/2 c Corn</p> <p style="text-align: center; color: red;">1/4 c Salsa</p> <p style="text-align: center;">1/2 c Fruit Milk Variety</p>
<b>Additional for 9-12</b>	<i>1/2 c 100% Fruit Juice</i>	<i>1/2 c 100% Fruit Juice</i>	<i>1/2 c 100% Fruit Juice</i>	<i>1/2 c 100% Fruit Juice</i>	<i>1/2 c 100% Fruit Juice</i>
<p>This Hot Grab-n-Go Lunch menu is to be used in addition to the Cycle Menu. When used, information should be recorded on the Food Production Record.</p>					