

2024-25 Sack Lunch Cycle Menu - 4-Day Meal Pattern

	Day 1	Day 2	Day 3	Day 4
PreK	<p>Cold Sandwich / Wrap Choice 2 M/MA / 2 WGR</p> <p>1/4 c Vegetable Choice</p> <p>1/4 c Diced or Sliced Fruit Milk</p>	<p>PBJ Sandwich 1 M/MA / 2 WGR <i>or</i> 1 M/MA / 1 WGR</p> <p>Cheese Stick <i>or</i> Cubes 1 M/MA</p> <p>1/4 c Vegetable Choice</p> <p>Animal Crackers 1 WGR</p> <p>1/4 c Diced or Sliced Fruit Milk</p>	<p>Cold Sandwich / Wrap Choice 2 M/MA / 2 WGR</p> <p>1/4 c Vegetable Choice</p> <p>1/4 c Diced or Sliced Fruit Milk</p>	<p>PBJ Sandwich 1 M/MA / 2 WGR <i>or</i> 1 M/MA / 1 WGR</p> <p>Cheese Stick <i>or</i> Cubes 1 M/MA</p> <p>1/4 c Vegetable Choice</p> <p>Goldfish Crackers 1 WGR</p> <p>1/4 c Diced or Sliced Fruit Milk</p>
K-8 and 9-12	<p>Cold Sandwich / Wrap Choice 2 M/MA / 2 WGR</p> <p>1/2 c Tomato Cup</p> <p>1/2 c Bean Dip <i>or</i> Pinto Bean Salad</p> <p>Tortilla <i>or</i> Corn Chips 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>PBJ Sandwich 1 M/MA / 2 WGR <i>or</i> 1 M/MA / 1 WGR</p> <p>Cheese Stick <i>or</i> Cubes 1 M/MA</p> <p>1/2 c Baby Carrots</p> <p>1/2 c Celery Sticks</p> <p>Animal Crackers 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>Cold Sandwich / Wrap Choice 2 M/MA / 2 WGR</p> <p>1/2 c Broccoli</p> <p>1/2 c Corn Salad <i>or</i> Jicama</p> <p>Multigrain Chips 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>PBJ Sandwich 1 M/MA / 2 WGR <i>or</i> 1 M/MA / 1 WGR</p> <p>Cheese Stick <i>or</i> Cubes 1 M/MA</p> <p>1/2 c Baby Carrots</p> <p>1/2 c Cucumbers</p> <p>Goldfish Crackers 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>
Additional for 9-12	<p>Cheese Stick <i>or</i> Cubes 1 M/MA</p> <p>1/2 c 100% Fruit Juice</p>	<p>1/2 c 100% Fruit Juice</p>	<p>Cheese Stick <i>or</i> Cubes 1 M/MA</p> <p>1/2 c 100% Fruit Juice</p>	<p>1/2 c 100% Fruit Juice</p>

This Sack Lunch menu is to be used *in addition* to the Cycle Menu.
When used, information should be recorded on the Food Production Record.