

Grades PK-12

2017-18 BIC Cycle Menu

For Breakfast only: Meat/Meat
 Alternates credit as Grain
 Alternates

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>*Breakfast Strudel 2 WGR Cheese Stick 1 GA</p> <p>OR</p> <p>Breakfast Pizza 1.5 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Mini Pancakes 2 WGR Yogurt 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Sausage Kolache 1 WGR / 1 GA Cheese Stick 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Breakfast Burrito 1 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>French Toast 1 WGR / 1 GA or 2 WGR Yogurt 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>
Week 2	<p>*Cinnamon Pull-a-Parts 2 WGR Cheese Stick 1 GA</p> <p>OR</p> <p>Breakfast Sandwich 1.25 WGR / .75 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Breakfast Muffin or Loaf 1 WGR Yogurt 1 GA</p> <p>OR</p> <p>Breakfast Empanada 2 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Pancake Wrap 1 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Breakfast Pizza 1.5 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>PBJ 1 WGR / 1 GA</p> <p>OR</p> <p>Waffle 2 WGR Cheese Stick 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>
Week 3	<p>*Breakfast Round 2 WGR Yogurt 1 GA</p> <p>OR</p> <p>Sausage Biscuit 2 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Breakfast Sandwich 1.25 WGR / .75 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Breakfast Sliders 1 WGR / 1 GA</p> <p>OR</p> <p>*Stuffed Bagel 2 WGR</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Chicken-n-Biscuit 2.5 WGR / 1 GA</p> <p>OR</p> <p>Waffles 2 WGR Yogurt 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>	<p>Breakfast Bread 2 WGR Yogurt 1 GA</p> <p>OR</p> <p>Pita Pocket Breakfast 1 WGR / 1 GA</p> <p>1/2 c 100% Fruit Juice 1/2 c Fruit Milk Variety</p>

** indicates menu items not allowed for PreK students.*

Other notes: PK can only be served juice once per day over all meals and snacks.
 Only unflavored 1% or unflavored fat-free milk can be served to PK.
 Offer vs. Serve is not allowed for PK.

Revised 05/10/17