

2017-2018

Sack Lunch Cycle Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
PreK	<p>Deli Sandwich 2 MMA / 2 WGR</p> <p>1/2 c Sandwich Salad 1/4 c VDG</p> <p>Tortilla or Corn Chips 1 WGR</p> <p>1/4 c Fruit Milk</p>	<p>PBJ Sandwich 1 MMA / 1 WGR</p> <p>String Cheese 1 M/MA</p> <p>1/4 c Vegetable Choice</p> <p>1/4 c Fruit Milk</p>	<p>Deli Sandwich 2 MMA / 2 WGR</p> <p>1/2 c Sandwich Salad 1/4 c VDG</p> <p>Tortilla or Corn Chips 1 WGR</p> <p>1/4 c Fruit Milk</p>	<p>PBJ Sandwich 1 MMA/1 WGR</p> <p>String Cheese 1 M/MA</p> <p>1/4 c Vegetable Choice</p> <p>1/4 c Fruit Milk</p>	<p>Deli Sandwich 2 MMA / 2 WGR</p> <p>1/2 c Sandwich Salad 1/4 c VDG</p> <p>Tortilla or Corn Chips 1 WGR</p> <p>1/4 c Fruit Milk</p>
K-8	<p>Deli Sandwich 2 MMA / 2 WGR w/ mustard</p> <p>1/2 c Sandwich Salad 1/4 c VDG</p> <p>1/2 c Cucumbers</p> <p>Bean Dip 1/4 c VL</p> <p>Tortilla or Corn Chips 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>PBJ Sandwich 1 MMA / 1 WGR</p> <p>String Cheese 1 M/MA</p> <p>1/2 c Baby Carrots</p> <p>1/2 c Celery Sticks</p> <p>Animal Crackers 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>Deli Sandwich 2 MMA / 2 WGR w/ mustard</p> <p>1/2 c Sandwich Salad 1/4 c VDG</p> <p>1/2 c Tomato-Cucumber Cup 1/4 c VR and 1/4 c VO</p> <p>Graham Snacks 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>PBJ Sandwich 1 MMA/1 WGR</p> <p>String Cheese 1 M/MA</p> <p>1/2 c Baby Carrots</p> <p>1/2 c Jicama Sticks</p> <p>Goldfish Crackers 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>	<p>Deli Sandwich 2 MMA / 2 WGR w/ mustard</p> <p>1/2 c Sandwich Salad 1/4 c VDG</p> <p>1/2 c Cucumbers</p> <p>Bean Dip 1/4 c VL</p> <p>Tortilla or Corn Chips 1 WGR</p> <p>1/2 c Fruit Milk Variety</p>
Add'l for 9-12	1/2 c Fruit Juice	1/2 c Fruit Juice	<p>1/2 c Celery Sticks w/ Light Ranch Dressing</p> <p>Multigrain Chips 1 WGR</p> <p>1/2 c Fruit Juice</p>	1/2 c Fruit Juice	1/2 c Fruit Juice

This Sack Lunch menu is to be used *in addition* to the Cycle Menu.
When used, information should be recorded on the Food Production Record.

Revised 05-05-2017