



Technical Assistance:

Individualized Education Program (IEP) Development

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The Texas Education Agency has developed this document to provide technical assistance to local education agencies and parents. The intention of this document is to provide helpful, general information. It does not constitute legal advice nor is it a substitute for consulting with a licensed attorney. The information should not be relied upon as a comprehensive or definitive response to a specific legal situation. This document may not include a complete rendition of federal law.

Welcome Letter



Dear Fellow Texas Educators,

Thank you for your service and dedication to all students in the Lone Star state! As a committed stakeholder in public education, you are charged with preparing all students for success in college, a career, or the military by providing students access to high quality learning experiences, curriculum, and instruction.

The Texas Education Agency (TEA) Division of Special Education Program is developing a series of technical assistance guidance documents. These technical assistance guides are intended for use by Texas educators to support implementation of services for students with, or suspected of having, disabilities. Our hope is that these guides provide Local Education Agencies (LEAs) access to reliable information that contributes to improved outcomes for students with disabilities.

There is a ton of great information out there for school staff! Our goal with these guides is to gather and link information in one, easy to read resource. In addition to providing you with information and resources, these guides help clarify TEA's recommendations for practice.

Included in each guide are requirements, links to resources, best practice tips, examples, and more. The following information will help you navigate the technical assistance guides:

- While you can read the documents from beginning to end, you don't have to use them that way. The table of contents links each section, so you can click to skip directly to that area.
- Links that are in lower case [like this](#) will take you to a related website, resource, or document that supports the information you are reading about.
- Links that use all capital letters, [LIKE THIS](#), will take you to a legal citation and definition.
- "Notes" point out important reminders or considerations. Notes use a pencil icon: 
- "Best Practice Tips" have a blue rectangle around them: 
- Various resources are linked within each section. All resources are provided in an alphabetized list at the end of the guide.
- There is also a resource page that provides links to TEA's Statewide Leadership Networks' websites, the TEA Special Education webpage, and other key state level resources.

For a glossary of special education terms please see: [The Legal Framework Glossary](#).

If you ever have a question, concern, comment, suggestion, or find a broken link within these documents, please email the TEA Special Education Division at sped@tea.texas.gov.

Again, thank you for all you do, and we hope this document helps you in your journey of serving our students with disabilities and their families.

Sincerely,

The TEA Division of Special Education Program, Technical Assistance Team

IEP Overview

Setting Rigorous Expectations

Before digging into the nuts and bolts of Individualized Education Program (IEP) development, take a minute to set your mind towards high expectations and rigorous goals for students with disabilities. Without this mindset, the IEP will fall short and our students will not achieve all that they are capable of. TEA believes that there is shared responsibility across the state to ensure that all students, including students with disabilities, are held to rigorous academic standards and high expectations. The IEP must be individualized, based on the unique needs of that child, and designed to enable him or her to work towards grade level content standards and achieve challenging goals. Proper provision of a free appropriate public education (FAPE) means that all students have access to the supports and services that will prepare them for success in college, careers, and independence. We encourage you to ensure that the IEP provides all students with the opportunity to meet challenging goals and achieve their full potential.

The What, When, and Who of an IEP



What is the IEP, and why is it developed?

An Individualized Education Program, or IEP, is the written document that is completed by an Admission, Review, and Dismissal (ARD) committee for every public school child age 3-21 receiving special education services in Texas. The IEP is the centerpiece of the federal legislation we call the [Individuals with Disabilities Education Act](#), or the IDEA. The IDEA ensures “that all children with disabilities have available to them a free appropriate public education that emphasizes special education and related services designed to meet their unique needs and prepare them for further education, employment, and independent living.” [34 CFR §300.1\(a\)](#)



Note:

Individual Family Service Plans (IFSPs) are beyond the scope of this document. To learn more about IFSPs and Early Childhood Intervention (ECI) services for children with disabilities ages 0-3 please refer to the [Texas Health and Human Services Commission](#).



What is required to be in an IEP?

The [Model Individualized Education Program \(IEP\) Form](#) is posted by the Texas Education Agency (TEA) in compliance with Texas Education Code [\(TEC\) § 29.0051](#), which requires the TEA to develop an optional model IEP form that includes *only* information found in the federal model IEP form and in any state-imposed requirements relevant to an IEP that are not required under federal law. Use of the Model IEP Form is not required, but it details the required elements of the IEP.

TEA's [Guidance for the Model Individualized Education Program \(IEP\) Form](#) is a companion document to the Model IEP Form. It is not inclusive of all options but assists in understanding what is required to be included in an IEP.

[STATE LAW](#) provides that the written statement of a student's IEP is only required to include information in the model form. Therefore, content offered in this guidance that goes beyond the Model IEP Form represents best practice and not required IEP elements.



When and where is the IEP developed?

The ARD committee develops the IEP during an ARD meeting. The meeting must be held at a time and place that is mutually agreeable, and the school [MUST](#) take steps to ensure that one or both parents are present at every ARD

committee meeting or are given the opportunity to participate. If a parent cannot attend an ARD committee meeting, the LEA must allow the parent to participate through other means, such as by telephone or video conference. Schools may draft components of the IEP before the ARD meeting but must make parents aware that these portions are only a draft and can be modified by the ARD committee.

IEPs are reviewed at least annually. However, the IEP can be revised more frequently as appropriate. The IDEA requires the ARD committee [REVISE THE IEP](#) as appropriate to address:

- a lack of expected progress toward the annual goals;
- reevaluation results;
- information provided to or by the parents that is needed to determine eligibility or continued eligibility, as well as the educational needs of the student;
- the student's anticipated needs; or
- other matters.



Note:

In federal regulations, the ARD committee is referred to as the IEP team or IEP committee. For additional guidance, review this [question and answer document](#) from the US Department of Education.



Who are the required members at the ARD meeting?

- [PARENT](#) or adult student with a disability
- Regular education teacher who [MUST](#), to the extent practicable, be a teacher who is responsible for implementing a portion of the IEP
- Special education teacher, or where appropriate, special education provider of the student
- Local Education Agency (LEA) representative (most often a school administrator) who:
 - Is qualified to provide, or supervise the provision of, specially designed instruction to meet the unique needs of children with disabilities;
 - Is knowledgeable about the general education curriculum; and
 - Is knowledgeable about the availability of resources of the LEA
- Individual who can interpret the instructional implications of the evaluation results



Note:

- If the student has more than one regular education teacher responsible for carrying out a portion of the IEP, the LEA may designate which teacher or teachers will serve as ARD committee members, considering the interests of the student.
- The adult student or ARD committee may invite the parent of an adult student, but once the student is an adult the parent's rights transfer to the adult student. See Transfer of Rights at Age of Majority Section for more information.






Best Practice Tips

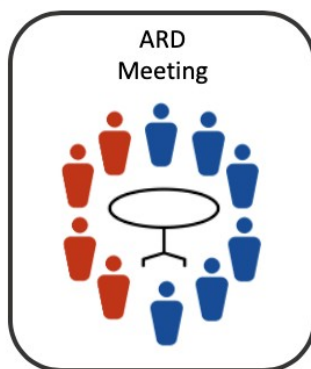
- In situations where the student has more than one general education teacher, seek input from teachers who are not in attendance to share at the ARD meeting.
- Include members of the multidisciplinary evaluation team (e.g., Educational Diagnostician, Licensed Specialist in School Psychology, Speech Language Therapist) who performed the evaluation in the initial ARD meeting. Include evaluation personnel in subsequent meetings where evaluation is being considered.

Members **REQUIRED** to attend the ARD committee meeting in certain circumstances:










- At the discretion of the LEA or parent, other individuals who have knowledge or special expertise regarding the child (e.g., specialists, school counselors)
- Student with a disability, when appropriate, including when a purpose of the meeting will be the consideration of postsecondary goals and needed transition services
- Representative of any participating agency likely to be responsible for providing or paying for transition services (with consent of the parent or adult student)
- Language Proficiency Assessment Committee (LPAC) member, if the child is identified as an [English learner](#)
- Career Technical Education (CTE) [REPRESENTATIVE](#), preferably the teacher, if the student is being considered for initial or continued placement in [career or technical education](#). The CTE representative may not serve in a dual role as another required ARD committee member
- Teacher of the Visually Impaired (TVI) if the child is suspected of or identified with a visual impairment
- Teacher of the Deaf or Hard of Hearing (TODHH) if the child is suspected of or identified as deaf or hard of hearing
- TODHH and TVI if the child is suspected of or identified as deaf-blind
- Early Childhood Intervention (ECI) coordinator or representative, at the request of the parent, at the initial ARD committee meeting for a child who was previously served under ECI
- Administrator or designee of the Juvenile Justice Alternative Education Program (JJAEP) [MUST](#) be invited to an ARD committee meeting convened to discuss the expulsion and discretionary placement of a student with a disability in the JJAEP

Required members at the ARD meeting:

-  Parent or Adult Student
-  Regular Education Teacher
-  Special Education Teacher
-  LEA Representative
-  Individual who can interpret instructional implications of evaluation results



Additional participants who may be required or invited to attend based on student needs or eligibility:

-  Others with knowledge or special expertise (e.g. related service providers)
-  Student with a disability
-  Agency representatives
-  LPAC Member
-  CTE representative
-  TVI
-  TODHH
-  ECI representative
-  JJAEP administrator



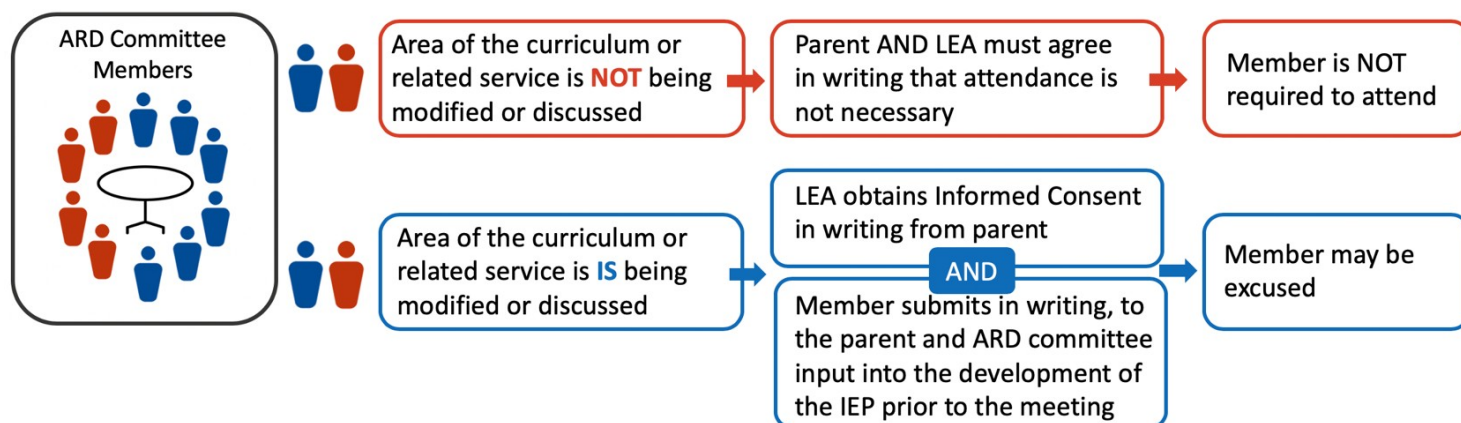
Note:

- The parent or adult student may invite additional persons to participate in the meeting.
- The only dual roles permitted on a student's ARD committee are the member who can interpret instructional implications for evaluation results and the member who is on the language proficiency assessment committee (LPAC). The LPAC representative may not serve a dual role as the LPAC and LEA representative on the ARD.

Best Practice Tip:

The best representative of the needs of the English Learner in the ARD is typically the bilingual or English as a Second Language educator who directly instructs the student and has detailed knowledge of the student's linguistic needs and strengths.

EXCUSAL from ARD committee meetings



The excusal requirements do not apply to the following ARD committee members:

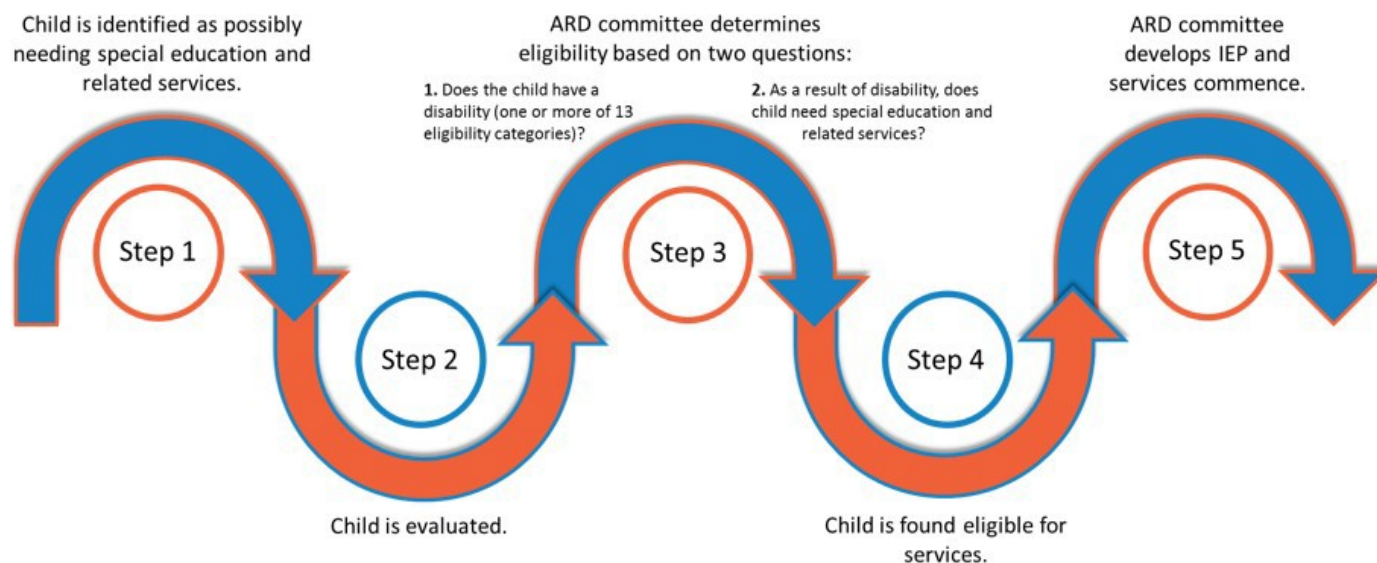
- Parent
- Student with a disability
- Adult student following a transfer of rights
- A discretionary member



Note:

There are specific requirements for obtaining INFORMED CONSENT in writing from parents that must be followed prior to excusal of an ARD committee member.

Identification and Eligibility Overview



Resources:

- [The Legal Framework ARD Committee Membership](#)
- [IRIS Center – Overview of High-Quality IEPs](#)
- [Progress in the General Curriculum - Administrators Featured Resources \(IEPs\)](#)
- [TEA Guidance for Inviting Agency Representatives to ARD committee Meeting](#)
- [TEA English Learner FAQ - LPAC](#)
- [Child Find, Evaluation, ARD Supports Network ARD 101 recorded webinar](#)

IEP Identifying Information

Student Identifying Information

There are no legal requirements mandating specific demographic or identifying student information that must be included in the IEP. Typically, school teams include pertinent information to assist personnel in identifying the student. ARD committees are not required to identify the disability type in the IEP. Even so, including the qualifying eligibility/eligibilities is common practice.

Examples of the types of information that the ARD committee may want to include are as follows:



Photo Credit: Eagle Pass ISD

- Student Name
- Gender
- ID Number
- Home Address
- Date of Birth
- Current Age
- Grade
- Disability(ies)
- Parent(s) Name
- Parent Contact Information
- Campus Name
- District Name
- Other Information as Appropriate

Eligibility

To determine whether a student qualifies for special education services, the ARD committee must answer the following two questions:

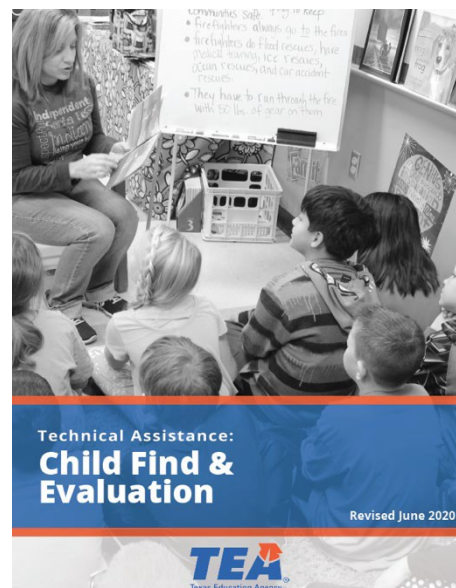
- Does the child meet the criteria for at least one of the thirteen eligibilities? **AND**
- As a result of the disability, does the child have a need for special education services?

IDEA defines the 13 areas of eligibility for special education services in its final federal regulations at 34 CFR §300.8. See also the Texas Administrative Code at 19 TAC §89.1040. Descriptions of the 13 disabilities identified under IDEA can be found on pages 16-19 of the [Technical Assistance: Child Find and Evaluation](#) guidebook.



13 Disability Categories

1. Auditory Impairment (Deaf or Hard of Hearing)
2. Autism
3. Deaf-Blindness
4. Emotional Disturbance
5. Intellectual Disability
6. Multiple Disabilities
7. Noncategorical Early Childhood
8. Orthopedic Impairment
9. Other Health Impairment
10. Specific Learning Disability
11. Speech or Language Impairment
12. Traumatic Brain Injury
13. Visual Impairment Including Blindness



Resource:

- [Parent's Guide to the Admission, Review, and Dismissal Process \(available in multiple languages\)](#)
- [TEA Technical Assistance: Child Find and Evaluation](#)

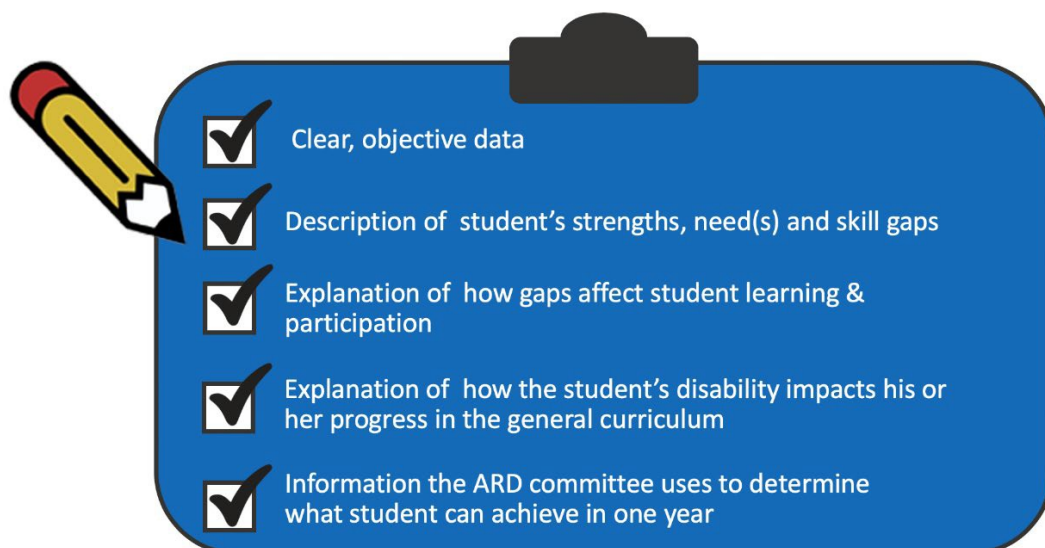
Present Levels of Academic Achievement and Functional Performance

The Present Levels of Academic Achievement and Functional Performance (PLAAFP) is a statement (or statements) in a student's IEP that provides information on how the disability affects involvement and progress in the general curriculum, which is described in the [Texas Essential Knowledge and Skills \(TEKS\)](#), [Texas Prekindergarten Guidelines](#), or the [Texas Infant, Toddler, and Three-Year-Old Early Learning Guidelines](#).



What should a PLAAFP include?

A PLAAFP is the foundation to build the IEP and should include:





What areas of development are included in a PLAAFP?

The ARD committee **MUST CONSIDER** multiple factors, including the student's strengths and academic and nonacademic needs in the development of the IEP. Therefore, the PLAAFP must establish an overall baseline of the student's strengths and needs across academic and functional areas so that the ARD committee can effectively develop the IEP.

Academic Achievement:

- Reading, spelling, and writing
- Math calculation and math problem solving
- Listening comprehension
- Vocabulary development
- Science
- Social studies



Functional Performance:

- Daily living or self-help skills—dressing, eating, using the restroom
- Social skills—turn-taking, participation, play
- Behavior—attention, focus, inhibition, self-control, executive function
- Sensory skills—hearing, seeing
- Communication skills—talking, listening, participating in conversation
- Mobility—getting around in school and the community



What data should be used to develop a PLAAFP?

To accurately describe the student's academic and functional strengths and needs, meaningful data should be collected, reviewed, and described such as:

- Work samples
- Behavioral data
- Parent information and observations
- Teacher input and observations
- Curriculum-Based Assessments (e.g., oral reading fluency, math calculation probes)
- Student inventories
- Anecdotal records
- IEP progress report data
- Classroom observation data
- Intervention progress data
- Statewide assessments
- Benchmark and local assessments
- Classroom tests and quizzes
- Full and Individual Initial Evaluation (FIE) or reevaluation
- Medical records
- Outside evaluation(s)
- Discipline records
- Attendance records



Vague versus clear PLAAFP statements

Below, review an example of a vague PLAAFP statement and a clearly written PLAAFP statement. The vague example utilizes acronyms to describe assessments and does not describe specific language difficulties. Members of the ARD committee and others implementing the IEP may not be able to interpret these acronyms or gain an understanding of the student's challenges. Additionally, although the PLAAFP notes that the child's language skills are below average, it does not specify in what area(s) she needs additional supports. In the clearly written example, the PLAAFP statement provides information on how the disability affects language.



Vague: Alicia's language and conversation skills are well below age expectations based on scores on the EOWPVT- R and ROWPVT-R given as part of her evaluation.



Specific: Alicia needs to continue developing in the area of language and communication, specifically with conversation skills. Based on information provided by Alicia's pre-school education teacher, speech therapist, her mom, and data from the August 30, 2018 evaluation, Alicia inconsistently (less than 50% of observations) takes one turn in a conversation (e.g., responds to greetings, answers simple questions) when provided a visual prompt. She consistently (over 80% of observations) provides an appropriate response to a conversational cue when given a verbal model of "say ____". She has been observed responding independently to conversation cues on only 2-3 occasions over the past year based on parent and teacher report. Her inability to respond independently may hinder her academic and functional progress by decreasing her ability to interact with her teachers and peers. Alicia needs to improve her conversation skills to access the curriculum and engage meaningfully with her teachers and peers.



What is the role of the PLAAFP in developing measurable annual goals?

The decision of what goals to include in a student's IEP should be made only after examining the student's PLAAFP. The ARD committee will utilize the student's PLAAFP to identify areas of critical need that are keeping the student from accessing and/or progressing in the general curriculum. The goal should be something the student can reasonably be expected to attain within one year.



Photo Credit: Gainesville ISD



Where can I learn more about how to develop meaningful PLAAFPs?

Education Service Center Region 20, in collaboration with the Texas Education Agency (TEA), developed a [free online training titled, IEP Goal Development in Texas](#). The training focuses on the portion of the ARD process related to developing a student's PLAAFP and using the PLAAFP to create grade-level, measurable, annual academic goals. The intended audience is general and special educators who are involved in the ARD or IEP process, but other individuals, including parents, are welcome to participate.

Resources:

- [Individual Education Plan \(IEP\) Annual Goal Development - Question and Answer Document](#)
- [IRIS Center – High-Quality PLAAFP Statements](#)
- [ESC 20 Present Levels of Academic Achievement and Functional Performance \(PLAAFP\) at a Glance Document](#)
- [Texas Complex Access Network \(TXCAN\) PLAAFP Resources](#)
- [USED Dear Colleague Letter IEP Alignment with State Standards](#)

Goals and Objectives

Background

The Individuals with Disabilities Education Act (IDEA) 2004 requires that all students who receive special education services have measurable annual goal(s) included in their Individualized Education Programs (IEPs). According to IDEA, measurable annual goals are designed to:

- meet the child's needs that result from the child's disability to enable the child to be involved in and to make progress in the general education curriculum and,
- meet each of the child's other education needs that result from the child's disability.

These goals may consist of academic (standards-based) and/or functional (non-standards-based) goals, which are based on the individual student's needs as documented in his or her present levels of academic achievement and functional performance (PLAAFP) statements.

The purpose of these goals, as is the purpose of all special education services, is to assist the student in accessing and progressing in the general curriculum. Academic (standards-based) goals are directly linked to progressing toward enrolled grade-level content standards. Functional (non-standards-based) goals, such as independence skills or behavior, assist the student in accessing the enrolled grade-level content standards.

Additionally, Every Student Succeeds Act (ESSA) and IDEA regulations require that all students, including those with disabilities, be included in the statewide assessment system. Because all students are included in the statewide assessment system, they must have access to the general education curriculum that is tested using this system. This access may be with or without accommodations and may include an alternate assessment. Due to these requirements, all students receiving special education services in academic areas must have corresponding standards-based annual goals that link to enrolled grade-level content standards.



What are measurable annual goals?

Measurable annual goals are designed to:

- meet the student's needs that result from the disability so that he or she can be involved and progress in the general curriculum and
- address each of the child's other educational needs that result from the disability.

Best Practice Tips

Measurable annual goals:

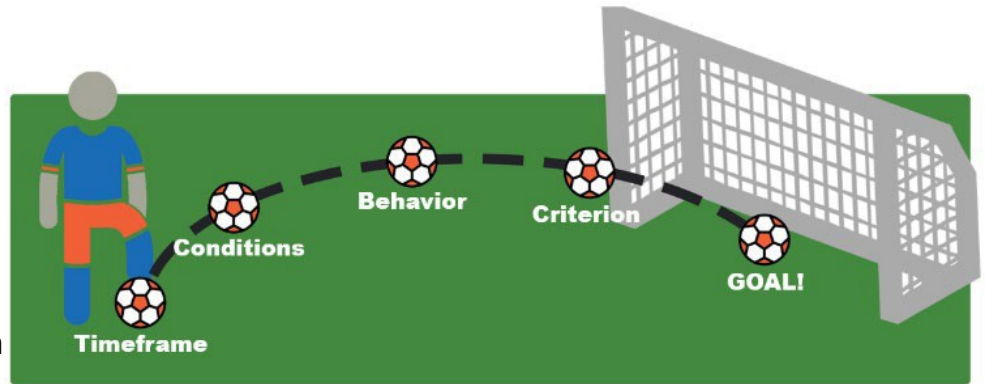
- Are statements that describe what a student with a disability can reasonably be expected to accomplish (within 12 months) in the student's special education program;
- Identify specific areas where a student with a disability needs assistance from a special education professional (e.g., special education teacher, speech-language pathologist, related services); and
- Address critical needs identified in a student's PLAAFP statement that are keeping the student from accessing and/or progressing in the general curriculum.

Remember, measurable annual goals include skills and/or knowledge that can be measured and mastered, not activities.

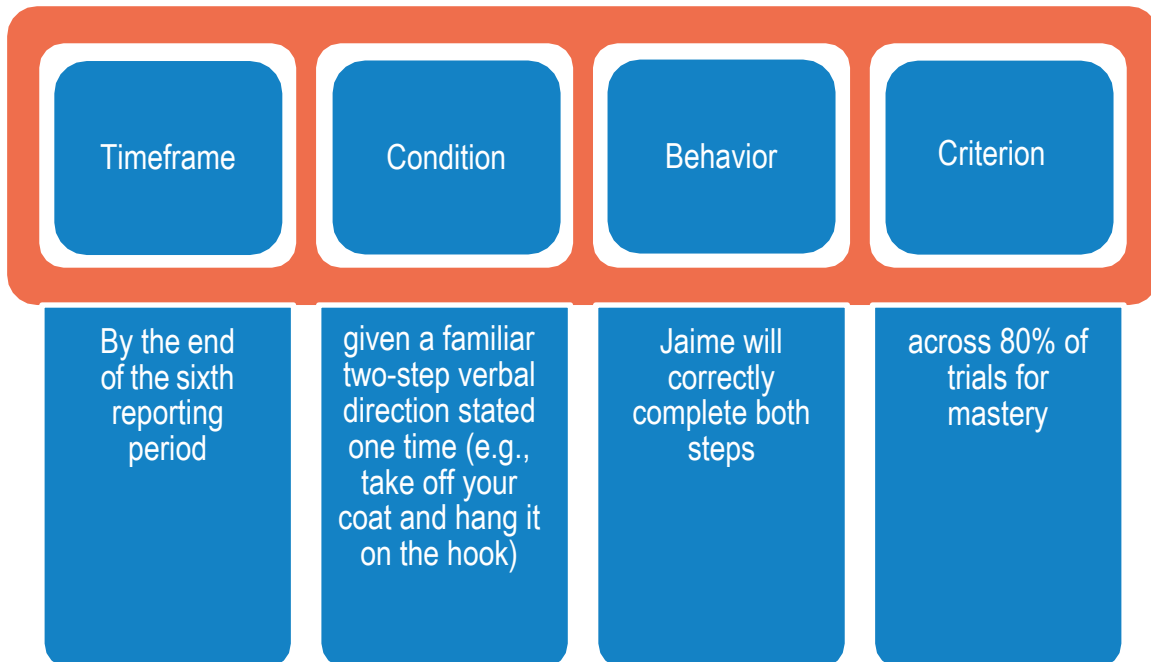


What are the four critical components of a measurable goal?

1. **Timeframe** identifies the amount of time in the goal period and usually specifies the number of weeks or a date for completion.
2. **Conditions** specify how progress toward the goal occurs. Conditions describe the specific resources that must be present for a student to reach the goal and should outline or explain what facilitates learning for the student. The condition of the goal should link to the behavior being measured. For example, a goal relating to reading comprehension may require the use of a graphic organizer. The use of the graphic organizer is the condition.
3. **Behavior** identifies the performance that is being monitored. It represents an action that can be directly observed and measured.
4. **Criterion** identifies how much, how often, or to what level the behavior must occur to demonstrate that the goal has been achieved. The goal criterion specifies the amount of growth that is expected within the goal timeframe.



Below, please review an example of an annual measurable goal that includes a clear timeframe, condition, behavior, and criteria.



Resources:

- [Individual Education Program \(IEP\) Annual Goal Development – Question and Answer Document](#)

Vague versus specific goal statements

Below, review examples of IEP goals. Note how the vaguely written goal statements lack a specified timeframe, condition, behavior, and criteria.

Vague: Becca will improve oral skills.

Specific: By the next annual IEP, when provided a visual schedule of the daily routine and asked, “What comes next?”, Becca, a four-year-old student, will verbally state the correct activity in 4 out of 5 daily trials across 3 consecutive days.

Vague: This school year DeJuan will read with greater accuracy and speed.

Specific: By the fourth reporting period, when given an unfamiliar third-grade leveled text, DeJuan, a 3rd grade student, will read 75 words correct per minute (wcpm) with 95% or greater accuracy across three consecutive trials for mastery.



What is the difference between academic and functional goals?

The IEP must contain meaningful educational goals. Academic and functional goals are written using the same four required elements: timeframe, condition, behavior, and criterion. The only difference between the two is that functional goals do not require a link to the enrolled grade-level content standards ([TEKS](#), [Texas Prekindergarten Guidelines](#), or [The Texas Infant, Toddler, and, Three-Year-Old Early Learning Guidelines](#) and/or district-adopted prekindergarten curriculum).

Because of the developmental nature of young children, many of the standards in The Texas Infant, Toddler, and, Three-Year-Old Early Learning Guidelines, Texas Prekindergarten Guidelines, and/or in the district-adopted prekindergarten curriculum may fall into both academic and functional categories. However, for students in grades kindergarten through twelfth grade, a goal is either related to a student learning the TEKS (academic goal) or related to the student learning a skill he or she needs to access the TEKS (functional goal).

While all students must have measurable annual goals, some students may have both academic and functional goals, and some students may have only academic or functional goals to enable them to have access to the general curriculum. For example, a student's PLAAFP may indicate that a student has the academic skills to progress in the general curriculum, but engagement in challenging behavior is impeding his or her access to the general curriculum. In this case, the ARD committee may determine the student only needs functional goal(s) for learning appropriate replacement behavior. However, if the student's behavioral needs require him or her to be removed from the general education setting for any portion of the day, then he or she would also need a goal- specific to the course/curriculum from which he or she is removed, regardless of whether or not the content is modified.



Photo Credit: Klein ISD

Benchmarks or Short-Term Objectives

Benchmarks or short-term objectives are the intermediate steps of progress toward mastering the annual goal. They provide a means to monitor a student's progress toward reaching the related annual goal.

IDEA requires that benchmarks or short-term objectives be part of the annual goal for any student who takes an alternate assessment based on alternate academic achievement standards. Therefore, all students who take the STAAR Alternate 2 must have benchmarks or short-term objectives as part of all measurable annual goals. It does not matter if the goal is

IEP Development

academic or functional or if the area is tested on the alternate state assessment. For a student who takes STAAR, the ARD committee may choose to include benchmarks or short-term objectives as part of the annual goals to assist in monitoring the student's progress toward mastery of IEP goals.

Below review two examples of IEP goals and related benchmarks. The first example is an academic goal with associated benchmarks, and the second is a functional goal with associated benchmarks.

Academic goal:

Academic	Timeframe	Conditions	Behavior	Criterion
IEP Goal: Mathematic Processes	By the end of the fourth nine weeks grading period	Given a 100's chart or number line and a set of mixed coins totaling up to one dollar	Claudia, a 2 nd -grade student * will correctly count the total value	in 4 of 5 trials for mastery.
Mathematics TEKS 2-(5)(A) Number and operations. The student is expected to determine the value of a collection of coins up to one dollar.				
Benchmark 1	By the end of the first nine weeks grading period	given a 100's chart or number line and a set of mixed coins totaling up to twenty-five cents	Claudia will correctly count the total value	in 5 of 5 trials
Benchmark 2	By the end of the second nine weeks grading period	given a 100's chart or number line and a set of mixed coins totaling up to fifty cents	Claudia will correctly count the total value	in 5 of 5 trials
Benchmark 3	By the end of the third nine weeks grading period	given a 100's chart or number line and a set of mixed coins totaling up to seventy-five cents	Claudia will correctly count the total value	in 5 of 5 trials

Functional goal:

Functional	Timeframe	Conditions	Behavior	Criterion
IEP Goal:	In 36 instructional weeks	given a visual schedule and one verbal prompt that it's time to transition	Niko, a 5 th -grade student *, will arrive at the correct location within 5 minutes	in 5 of 5 consecutive trials for mastery.
There is no academic standard associated with this goal, as it is functional.				
Benchmark 1	By the end of the first nine-week reporting period	given a visual schedule and two verbal prompts to transition from the bus to school	Niko will promptly exit the bus, enter the school using assigned door, and arrive at his classroom within 5 minutes	across 4 consecutive daily trials for mastery.
Benchmark 2	By the end of the second nine-week reporting period	given a visual schedule and two verbal prompts to transition from classroom to the bus	Niko will promptly exit the classroom and school, walk to and get on the bus, and sit in his assigned seat within 5 minutes	across 4 consecutive daily trials for mastery.
Benchmark 3	By the end of the third nine-week reporting period	given a visual schedule and one verbal prompt to transition from his classroom to other locations in the school, including the playground, gym, music room, art room, and cafeteria	Niko will safely walk to and from locations on the school campus and his classroom arriving at the designated location within 5 minutes	In 4 out of 5 trials.

* Please note, the student's enrolled grade level should be documented within the IEP but does not have to be included or repeated within the annual goal(s) or objectives. It is included in these examples as information for the reader.

Resources:

- [Texas Complex Access Network \(TXCAN\) Quality and Rigor Rubric](#)

How Progress Will Be Measured

The student's IEP must describe the method used to measure a student's progress toward goal mastery. Some examples of how progress toward meeting the annual goal(s) may be measured include, but are not limited to, the following:

IEP Development

- Anecdotal records
- Checklists
- Curriculum-based assessments
- Inventories
- Observations
- Performance assessments
- Rubrics
- Portfolios
- Running records
- Short cycle assessments
- Student-created products
- Work samples



Photo Credit: Fort Worth ISD

Frequency for Reporting the Student's Progress to Parents

The IEP must include a description of how progress towards annual goals will be measured and [WHEN PROGRESS REPORTS WILL BE PROVIDED](#) to parents. At a minimum, progress reports are provided to parents concurrent with the issuance of report cards. The ARD committee may determine if more frequent progress reporting is necessary.

The reporting of progress is distinct and different than issuing grades for the courses the student is enrolled in. If a student fails to make the expected progress towards his or her IEP goals, the ARD committee must meet and/or consider [REVISING THE STUDENT'S IEP](#).

Special Education and Related Services

The IEP must include a statement of the special education and related services, as well as the supplementary aids and services, based on peer-reviewed research to the extent practicable, that the school will provide to or on behalf of the student. The IEP must also contain a statement of the program modifications (accommodations and modifications) or supports for school personnel that will be provided to enable the student to advance appropriately toward meeting the annual goals, as well as to be involved in and make progress in the general education curriculum.

The programs and services to be provided to the student must be individually determined by the ARD committee based on the student's abilities and needs. The programs and services for a student cannot be based on factors such as:

- Category of the student's disability;
- Availability of special education programs or related services or personnel;
- Current availability of space;
- Administrative convenience; or
- How the school has configured its special education service delivery system.



Note:

[TEA's Model IEP Form](#) details the **required** elements of the IEP. Information in this section may also reflect common and/or best practices that are not required elements.

Special Education

Special education means specially designed instruction, at no cost to the parent, to meet the unique needs of the student with a disability, including instruction conducted in the classroom, in the home, in hospitals and institutions, and other settings, as well as physical education. The term specially designed instruction means adapting the content, methodology, or delivery of instruction to address the unique needs of the student and/or ensure the student's access to the general education curriculum.

Resources:

- [Specially Designed Instruction: A Resource for Teachers](#)

Related Services

[Related services](#) mean transportation and such developmental, corrective, and other supportive services that are required to assist the student in benefiting from special education.

Related services include, **but are not limited to**, the following:

- Assistive technology
- Audiology services
- Counseling services
- Interpreting services
- Medical services
- Music therapy
- Occupational therapy
- Orientation and mobility ([O&M](#)) services (only for students with visual impairments)
- Parent counseling and training
- Physical therapy
- Psychological services
- Recreation
- Rehabilitation counseling services
- School health services
- Social work services in school
- Speech-language therapy *
- Transportation



Photo Credit: East Central ISD

* In Texas, speech-language therapy is an instructional service that can be a stand-alone service as well as a supportive service.



Note:

Related services do not include a medical device that is surgically implanted, the optimization of that device's functioning (mapping), maintenance of that device, or the replacement of that device.

Special education and related services are based on peer-reviewed research to the extent practicable, which means there is reliable evidence to demonstrate that the program or services are effective in meeting the needs of the student. Peer-reviewed means that the quality of the research meets the established standard of the field. Peer-reviewed research may apply to academic, as well as non-academic areas, such as behavioral interventions.

Assistive Technology

The ARD committee must consider whether the student needs assistive technology devices and services. An assistive technology service means any service that directly assists a student with a disability in the selection, acquisition, or use of any assistive technology device. An assistive technology device means any item, piece of equipment, or product system, whether acquired commercially off the shelf, modified or customized, used to increase, maintain, or improve the functional capabilities of a student with a disability.

When a student requires an assistive technology device or service, consideration must be given to the instruction that the student might require to use the assistive technology device as well as any supports and services the student and/or the student's teachers may need related to the use of the device.



Photo Credit: El Paso ISD

Resources:

- [Inclusion in Texas Webpage- Assistive Technology](#)
- [TEA Assistive Technology Webpage](#)
- [IRIS Center: Assistive Technology Module](#)

Frequency, Duration, and Location of Services

The U.S. Department of Education has previously instructed that: "the amount of services to be provided must be stated in the IEP so that the level of the agency's commitment of resources will be clear to parents and other IEP team members." Each IEP must include the frequency, duration, and location of the services to be provided. ARD committees should review all IEPs to be sure that the LEA's commitment of resources is clear.

For each special education and related service to be provided to the student, the following is to be included in the IEP:

- 1 **Frequency** — how often the service is to be provided;
- 2 **Amount of time** — the minutes per session for the service;
- 3 **Beginning/ending date** — the starting and ending dates of the specific service; and
- 4 **Location of service** — the setting (e.g., general education or special education) where the service is to be provided.

Frequency	Duration	Location
How often will the service be provided (daily, weekly)? 1 If a service is provided less than daily then the conditions for the provision of the services must be clearly specified within ARD documents using a weekly reference (1 hour a week, 30 minutes every two weeks)	How long will the services be provided? The beginning and ending dates must be specified. 3 How long will each session be (15 minutes, 30 minutes)? 2 If a term (1 class period) is used in the IEP to define duration of service, the term must be defined in the IEP (example: 1 class period = 50 minutes).	Where will the services be provided? 4

Resource:

- [Documenting Frequency, Duration, and Location of Related Services.](#)

Supplementary Aids and Services

SUPPLEMENTARY AIDS AND SERVICES are aids, services, and other supports provided in regular education classes, other education-related settings, and in extracurricular and nonacademic settings for the teacher and the student to enable the student with disabilities to be educated with nondisabled students to the maximum extent appropriate in the least restrictive environment.

Supplementary aids and services include, but are not limited to, the following:

- Assistive technology
- Consultation
- Curricular or instructional accommodations/modifications
- Educational aide (paraprofessional) or teacher assistant
- Interpreter
- Monitoring a student's progress in regular education classes
- Reduction of the ratio of student to instructional staff
- Classroom accommodations
- Special materials/equipment
- Staff development



Photo Credit: El Paso ISD

Accommodations and Modifications

Accommodations are intended to reduce or even eliminate the effects of student's disability on academic tasks but do not lower learning expectations. The objectives of the course or activity remain the same. Accommodations change how the student learns or demonstrates knowledge. ARD committees should consider whether changes in presentation, response, setting, or timing/scheduling are required for students to access the general curriculum.

- Presentation Accommodations allow students to access instructional materials when visual, physical, or learning difficulties impede decoding and comprehension of text.
- Response Accommodations allow students to record their work in alternate ways or to solve or organize their work using some material or device.
- Timing/Scheduling Accommodations adjust time and scheduling requirements for assignments, homework, and assessments. Students may also require increased use of breaks or reminders to stay on task.
- Setting Accommodations change the location in which instruction is given or the conditions of the setting.

Modifications change what the student is expected to master. ARD committees should keep in mind that using modifications may have adverse implications, as students accessing below grade-level content may not close achievement gaps. Modifications typically require a student to learn less material or learn material below grade level and/or complete or be tested over easier or less complex problems. The decision to modify is a significant one, however some students will require modifications. Decisions to modify should be data driven and individualized for the student.



Examples of Accommodations and Modifications

Whether a specific support is an accommodation, or a modification is dependent on the content being taught. Review the following scenarios to see examples of when supports are considered accommodations or modifications.

Area	Accommodation	Modification
Spell check software	If the objective of the assignment is to write a three-paragraph essay to describe the water cycle, the use of spell-checking software to support composition and editing is likely an accommodation.	If the objective of the assignment is to demonstrate mastery of specific spelling rules, the allowance of spell check software is likely a modification.
Text to speech	If the objective of the assignment is to access grade-level science content, text to speech technology to support accessibility when the student is reading below grade-level is likely an accommodation.	If the objective of the assignment is to demonstrate reading comprehension at grade level, the use of text to speech is likely a modification.
Calculator	If the objective of the assignment is solving multi-step word problems, the use of a calculation device to support math calculation is likely an accommodation.	If the objective of the assignment is to demonstrate 3- digit x 2-digit multiplication with regrouping, the use of a calculation device to support math calculation is likely a modification.
Time	If the objective of the assignment is to demonstrate an understanding of the content, extra time to complete the assignment or exam is likely an accommodation.	If the objective of the multiplication fact quiz is to demonstrate fact fluency, the allowance of extra time is likely a modification.

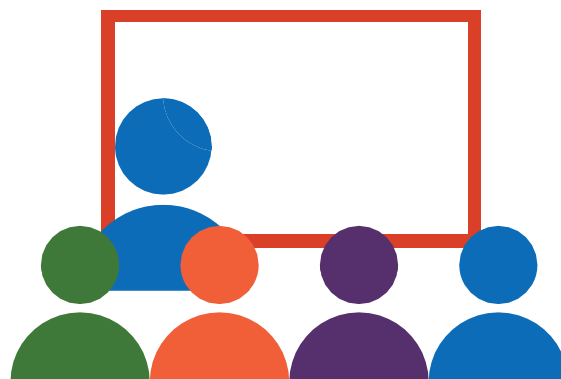
Supports for School Personnel

Supports for school personnel assist education providers in meeting the unique needs of the student and helping the student be successful. Supports for school personnel include, but are not limited to, the following:

- Workshops or trainings related to the individual needs of a student
- Assistance needed for curriculum modifications
- Necessary training for assistive technology service and/or devices

Resources:

- [ESC 13 Accommodation Central](#)
- [Inclusion in Texas Network- Inclusion Resources](#)



Least Restrictive Environment (LRE)

IDEA requires students with disabilities, including students in public or private institutions or other care facilities, are educated with students without disabilities to the maximum extent appropriate. Additionally, schools must ensure that a student with a disability is not removed from the general education environment (including removal to separate schools or special classes) unless the nature or severity of the student's disability is such that he or she cannot be educated in general education classes, even with the use of supplementary aids and services. A student's educational placement is determined at least annually.

General education should be the first consideration when deciding placement. A group of persons knowledgeable about the child, the meaning of the evaluation data, and placement options (typically the ARD committee) is responsible for identifying the student's needs and the appropriate placement in which these needs can be met.

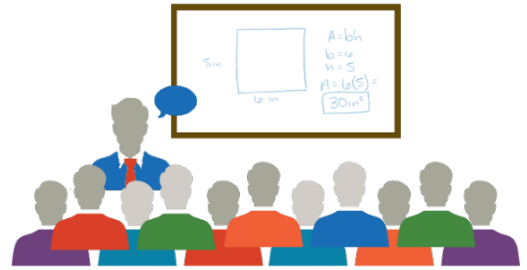
Placement decisions must be based on the student's IEP. When making the placement decision, the first consideration should be whether the student can be educated in the general education classroom with or without supplementary aids and services. A student can only be placed in a more restrictive environment when the placement committee (typically the ARD committee) concludes that education in a lesser restrictive setting, even with appropriate supports and services, cannot be achieved satisfactorily.

Instructional Arrangements and Settings

Best Practice Tip:

IEP goals must be developed based on a student's Present Level of Academic Achievement and Functional Performance (PLAAFP). Because well-written goals support the attainment of achievement and functional skills specific to the student's needs, ARD committees should develop annual measurable goals before determination of student placement.

General education should always be the first consideration.



General education with no supplementary aids or services

General education with supplementary aids and/or services

Resource placement in special education classroom less than 40% of day

Self-contained placement in special education more than 40% of day

Separate school

Residential placement

Hospital or home placement

IDEA requires that each LEA ensures that a [CONTINUUM OF ALTERNATIVE PLACEMENTS](#) is available to meet the needs of students with disabilities. This continuum must include instruction in regular classes, special classes, special schools, home instruction, and instruction in hospitals and institutions. Additionally, each LEA must make provisions for [SUPPLEMENTARY SERVICES](#), such as resource room or itinerant instruction, to be provided in conjunction with regular class placement.

In Texas, available [INSTRUCTIONAL ARRANGEMENTS AND SETTINGS](#) include:

- Mainstream;
- Homebound;
- Hospital class;
- Speech therapy;
- Resource room or services;
- Self-contained (mild, moderate or severe)
- Regular campus;
- Off home campus;
- Nonpublic day school;
- Vocational adjustment class/program;
- Residential care and treatment facility; and
- State school for persons with intellectual disabilities.

While LEAs do not always have to have all placements available, the placements must be made available when an ARD committee determines it is appropriate to the individual needs of a student. This placement must be specified in the student's IEP. Additionally, the IEP must document the necessary supplementary aids and services the child needs in the setting.

If the ARD committee determines the student will not participate in the general education classroom and/or curriculum, an explanation as to why that decision was made must be documented in the IEP.

Removal from Home Campus

ARD committees are required to review data to determine placement and must ensure that students with disabilities are educated with their nondisabled peers to the maximum extent appropriate, regardless of campus. If the ARD committee is considering placement other than on the student's home campus, the committee should consider:

- The specific supplementary aids and services provided or tried to support the student on the home campus;
- Why the supplementary aids and services were not educationally beneficial; and
- Why the supplementary aids and services did not provide access to or progress in the general curriculum.

Length of School Day

The length of the school day for a student with a disability must be commensurate with that of students without disabilities unless the [ARD](#) committee determines that the student needs a modified instructional day. This requirement applies equally to public school students in public or private institutions or other care facilities. The length of day must be specified in the student's IEP.

Consideration of Harmful Effects

Consideration should be given to any potentially [HARMFUL EFFECTS](#) on the student or quality of services that he/she needs when placement is determined. Consideration must be given to both of the following criteria:

- Any potentially harmful effects on the student with disabilities if the student is removed from general education classes; and

IEP Development

- Any potentially harmful effects on the quality of services provided to the student with disabilities if the student is removed from general education classes.



Photo Credit: El Paso ISD

Consideration of potentially harmful effects could be documented in a variety of ways, including a checklist, narrative, or other evidence that describes one of the situations above. A statement that “the ARD committee reviewed potential harmful effects” is NOT sufficient documentation unless the ARD committee has described the specific potential harmful effects that were discussed.

LRE and Early Childhood Special Education (ECSE)

The requirements of placement decisions in the LRE apply to [preschool children with disabilities ages three to five](#) who qualify for special education services under IDEA.

The [Early Childhood Education Division at the Texas Education Agency](#) is responsible for the state department’s key early learning investments as determined by the Commissioner of Education and the state legislature. A variety of Early Childhood Education is available as described in the [Frequently Asked Questions](#) document.

Public schools that do not operate programs for nondisabled preschool children are not required to develop programs solely to satisfy the IDEA requirements regarding placement in the LRE. Some alternative methods for meeting the requirements include:

- providing opportunities for the participation (even part-time) of preschool children with disabilities in other preschool programs operated by public agencies (such as Head Start);
- placing children with disabilities in private school programs for non-disabled preschool children or private school preschool programs that integrate children with disabilities and non-disabilities; and
- locating classes for preschool children with disabilities in regular elementary schools.

Behavior

When a student’s behavior impedes the student’s learning or that of others, the ARD committee must consider the use of positive behavioral interventions and supports, and other strategies, to address the behavior, such as, but not limited to:

- Initiation of a functional behavior assessment
- Implementation of a behavioral intervention plan
- Participation in social skills training
- Provision of counseling and/or social skillstraining
- Modification of classroom or school environment to reduce stimuli known to trigger challenging behavior
- Explicit teaching and reinforcement of replacement behaviors
- Implementation of visual schedules and/or scheduled reminders
- Provision of structured break time



Photo Credit: Klein ISD

IEP Development

- Development and usage of behavior contracts
- Use of reinforcement strategies
- Progress monitoring of behavior

If the child's behavior in the general education classroom, even with the provision of appropriate behavioral supports, strategies, or interventions as described above, would significantly impair the learning and/or threaten the safety of others, that placement may not be appropriate for that child. The ARD committee must:

- Determine whether the student's behavior is so disruptive or threatening that the education of other students is significantly impaired;
- Consider the use of supplementary aids and services to address both issues (such as the use of a paraprofessional).

If the ARD committee determines that the student's behavior is so disruptive or threatening that the education of other students is significantly impaired, and the district has considered or implemented supplementary aids and services without achieving satisfactory results, then the ARD committee could determine that the general education classroom is not the appropriate setting for the student with a disability.

Resources:

- [The Legal Framework: Least Restrictive Environment](#)
- [Progress in the General Curriculum: Least Restrictive Environment](#)
- [The Least Restrictive Environment Q & A](#)
- [TEA Student Attendance Accounting Handbook](#)

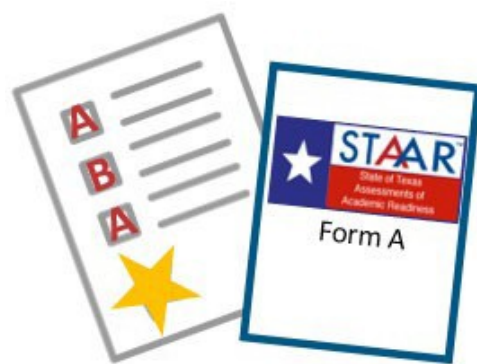
Statewide and District Assessments

Under federal and/or state law, state assessments must be given to all children to determine whether schools have been successful in teaching children the state academic content standards. In Texas, the academic content standards are known as the [Texas Essential Knowledge and Skills \(TEKS\)](#). Children who receive special education services will take the appropriate state assessments which are based on grade-level content per [FEDERAL REGULATIONS](#).

The admission, review, and dismissal (ARD) committee's decisions regarding a student's participation in [STAAR](#) must be based on the student's present levels of academic achievement and functional performance (PLAAFP), annual goals, accommodations, and modifications.

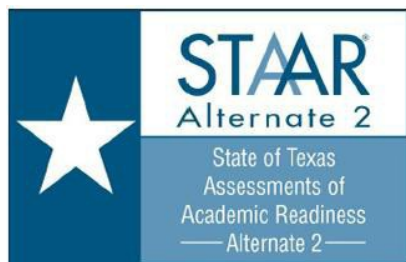
The state's student testing program requires that all students be tested in grades 3-8. Students in grades 9-11 are required to take end-of-course (EOC) assessments. Students in grades K-12 that are English learners are also required to take the [Texas English Language Proficiency Assessment System \(TELPAS\) or TELPAS Alternate](#) to assess their progress in learning the English language.

Districtwide assessments are those tests that school districts administer as part of their assessment programs to measure grade-level and/or content-specific knowledge.



Assessment/Content Area

The ARD committee will determine whether a student will take the state assessment or an alternate version of the state assessment. Students must meet all of the [participation requirements](#) for STAAR Alternate 2 in order to be eligible for this assessment.



For a student who takes [STAAR Alternate 2](#), there must be a corresponding academic standards-based IEP goal for all content areas in which the student is taking the alternate assessment. The goal must link to the student's enrolled grade-level TEKS. For STAAR Alternate 2, each knowledge and skills statement has been summarized into an essence statement that serves as a link to the grade-level TEKS. However, essence statements alone do not contain the four required components of a measurable annual goal and should be crafted by ARD committees to reflect a measurable annual goal.

Justification for Alternate Assessment

The justification for alternate assessment or for not taking an English language proficiency assessment is a statement that supports the necessity and appropriateness of the alternative assessment selected or to document when an English learner (EL) who receives special education services will not participate in an English language proficiency assessment. In this case, the ARD committee must include the following information in the student's IEP:

- Why the student will not participate in the general assessment;
- Why the alternate assessment is appropriate; and
- In the case of an EL student, the ARD committee, in conjunction with the Language Proficiency Assessment Committee (LPAC) must document the decisions and justifications for the decision.

Testing Accommodations

Accommodations are the instructional materials or procedures that the ARD committee has determined are necessary to allow the student to participate meaningfully in testing. For a student who requires [testing accommodations](#), the individualized education program (IEP) must include the appropriate accommodations for the specific assessment. For the EL student, the ARD committee, in conjunction with the LPAC, must document the need for allowable testing accommodations in the student's permanent record.

The ARD committee (in conjunction with the LPAC when appropriate) is to review the student's PLAAFP, instructional goals, and accommodations to determine how the student accesses the grade-level/course curriculum.

Participation in the general assessment is the first consideration when determining the appropriate assessment for a student.

If the statewide assessment, with or without accommodations, is not appropriate for a student, the ARD committee must review the participation requirements for the alternate assessments.

The ARD committee's decision (and, when appropriate, in conjunction with the LPAC) to use an allowable accommodation during an assessment is to be made on an individual student basis and take into consideration the needs of the student and whether the student routinely receives the accommodation during classroom instruction and testing.

Documented testing accommodations on state assessments must be consistent with the Texas Education Agency (TEA) accommodation policies. Some accommodations require TEA approval. For those that require approval through the submission of an Accommodation Request Form, the IEP is to document that the accommodations are pending the TEA approval.



Photo Credit: Klein ISD

Accelerated Instruction Plan (AIP)/Intensive Program of Instruction (IPI):

Any student who fails a state academic assessment must have an AIP/IPI developed and implemented. The AIP/IPI must be designed based on results of state assessment (and cannot be predetermined pending receipt of results). This is a general education requirement – not something specific to students who receive special education services.

Students in special education, including those who take alternate state academic assessments and those who are not required to pass state assessments to be promoted to the next grade or graduate, are not excluded from the laws requiring accelerated instruction and intensive programs of instruction. Concerning these students, however, the admission, review, and dismissal (ARD) committee is responsible for determining the instructional interventions needed to assist the student in achieving the state academic standards and/or the standards outlined in the student's IEP. For students who receive special education services, the AIP/IPI must be developed by the ARD committee and included in the IEP.

Resources:

- [TEA IEP Model Form Guidance Nov 2016](#)
- [Parent's Guide to the Admission, Review, and Dismissal Process](#)
- [Accelerated Instruction and Intensive Programs of Instruction](#)
- [The Legal Framework: State and Districtwide Assessments](#)
- [TEA Student Success Initiative](#)
- [TEA Guidance Related to ARD Committee and LPAC Collaboration](#)
- [TEA LPAC Decision-Making Process for the Texas Assessment Program](#)
- [TEA Student Assessment Division](#)
- [TEA Student Assessment - Accommodations](#)
- [Texas Assessment Program Frequently Asked Questions](#)
- [TEA Texas Essential Knowledge and Skills \(TEKS\)](#)

Opportunities to Participate in Extracurricular and Nonacademic Activities

A student with disabilities must be provided an equal opportunity to participate in [NONACADEMIC AND EXTRACURRICULAR SERVICES](#) and activities to the fullest extent appropriate to the student's individual needs. These activities may include, but are not limited to, the following:



Although this list is not exhaustive, it provides examples of the services and activities that may give students with disabilities an equal opportunity for participation in services and activities offered to students without disabilities. The student's IEP must include a statement of the special education and related services, supplementary aids and services, and program modifications or supports for school personnel that will be provided to enable the student to participate in extracurricular and other nonacademic activities.

Supplement(s)

Supplement for Transition Services

The supplement for transition services is the student's plan for the current year of a multi-year educational program for living, learning, and working after graduation from high school.

Transition services are a coordinated set of activities for the student with a disability that is designed as a results-oriented process focused on improving academic and functional achievement to facilitate movement from school to post-school activities. These services are based on the individual needs of the student, considering strengths, preferences, and interests. They include instruction, related services, community experiences, the development of employment and other post-school adult living objectives, and, if appropriate, acquisition of daily living skills and the provision of a functional vocational evaluation.

Both the Individuals with Disabilities Education Act (IDEA) and the Texas Education Code (TEC) include provisions relating to transition planning. However, the timelines for beginning transition differ under the two. Although [TRANSITION PLANNING](#) may begin earlier, [NO LATER THAN WHEN THE STUDENT REACHES AGE 14](#), ARD committees must consider and, if appropriate address the state transition requirements in the IEP. The ARD committee must annually review these transition components and, if necessary, update the IEP.

In addition, beginning no later than the first IEP to be in effect when the student reaches age 16, or younger if the ARD committee deems appropriate, the committee must consider and include in the IEP the [FEDERAL TRANSITION REQUIREMENTS](#). The ARD committee must update these components annually. The student must be invited to these ARD meetings. If the student does not attend, the school must ensure that the student's preferences and interests are considered. To the extent appropriate, with the consent of the parents or adult student, the school must invite a representative of any participating agency likely to be responsible for providing or paying for transition services.

The ARD committee must consider, and if appropriate, address the following issues in the student's IEP and must annually review these issues:

- 1 Appropriate student involvement in the student's transition to life outside the public-school system.**
The school will invite the student to attend the ARD committee meeting if the purpose of the meeting is to discuss transition. This discussion may include student interests, preferences, needs, and skills for the future and may be identified by age-appropriate transition assessments and information found in the PLAAFP statement, as it relates to the expectations for the student's future goals.
- 2 If the student is younger than 18 years of age, appropriate involvement in the student's transition planning by the student's parents and other persons invited by the student's parents or the school district in which the student is enrolled.** The parent of the student can be involved in the transition planning by attending the meeting and participating with the student in making vocational decisions about the future, such as assisting in the selection of appropriate classes.
- 3 If the student is at least 18 years of age, involvement in the student's transition and future by the student's parent's and other persons, if the parent or other person is invited to participate by the student or the school district in which the student is enrolled or has the student's consent to participate pursuant to a [SUPPORTED DECISION-MAKING AGREEMENT](#).** When the student reaches 18 years of age, the parent moves from primary decision-maker to a support system for the adult student. The student may request parental involvement in making educational decisions. When the student reaches the age of majority (18), the parent will continue to receive notice of the ARD committee meetings.
- 4 Appropriate post-secondary education options, including preparation for postsecondary-level coursework.** Post-secondary education options are the educational opportunities that the student may choose to pursue after completion of high school.
- 5 An appropriate functional vocational evaluation.** A functional vocational evaluation is a component of a transition program that is included if, after consideration by the ARD committee, deemed appropriate. This evaluation process provides information about job or career interests, aptitudes, and skills.
- 6 Appropriate employment goals and objectives are the measurable steps that are reasonably calculated to enable a student to achieve postsecondary employment. Discussing career education options may assist the student in identifying a career choice and the essential skills necessary for employment.** This component includes goals that address prerequisite skills for acquiring a job and maintaining competitive employment (full or part-time, at or above minimum wage), supported employment, or self-employment built on successful completion of school-based career exploration and work experiences.

- 7** If the student is at least 18 years of age, the availability of age-appropriate instructional environments, including community settings or environments that prepare the student for postsecondary education or training, competitive integrated employment, or independent living in coordination with the student's transition goals and objectives. The student will be provided the educational options and training necessary to gain knowledge and skills essential for attaining transition goals. Instructional environments may include vocational adjustment classes, career and technical education programs based on professional and industry standards, community service, and volunteer opportunities.
- 8** Appropriate independent living goals and objectives are steps reasonably calculated to enable the student to achieve postsecondary independent living skills (where appropriate), daily living skills, and community living skills. These goals address the expected and desired independence level after completion of high school and identify the objectives required for mastery of independent living goals.
- 9** Appropriate circumstances for facilitating referral of a student or the student's parents to a governmental agency for services or public benefits, including a referral to a governmental agency to place the student on a waiting list for public benefits available to the student such as for the waiver program established under the [SOCIAL SECURITY ACT](#). The ARD committee determines if there is a need for additional outside assistance by a governmental agency for services based on the individual needs of the student. With the written and signed consent of the parent or adult student, any agency responsible for providing transition services may be invited to the ARD meeting.
- 10** The use and availability of appropriate supplementary aids, services, curricula, and other opportunities to assist the student in developing decision-making skills, as well as supports and services to foster the student's independence and self-determination, including a supported decision-making agreement.
- 11** Beginning not later than the first IEP to be in effect when the student turns 16, or younger if determined appropriate by the ARD committee, and updated annually after that, the IEP must include the following [FEDERAL](#) requirements:

Appropriate, measurable postsecondary goals based upon age-appropriate [transition assessments](#) related to training, education, employment, and where appropriate, independent living skills. These goals outline a career pathway that will help guide the student to a preferred career, additional training, and education.

Transition services (including courses of study) are needed to assist the student in reaching their postsecondary goals. Courses of study are a multi-year description of coursework from the student's current to anticipated exit year that are designed to help achieve the student's desired post-school goals. The courses of study may be a four- to six-year plan, which may need to be updated as the student progresses.

Resources:

- [Secondary Transition Guidance](#)
- [The Legal Framework: Transition Services](#)
- [TEA State Graduation Requirements](#)
- [TEA Graduation Guidance](#)
- [Texas Transition](#)
- [Texas Workforce Commission](#)
- [Texas Health and Human Services](#)
- [National Technical Assistance Center on Transition](#)
- [U.S. Department of Education "A Transition Guide To Postsecondary Education and Employment For Students and Youth with Disabilities"](#)

Transfer of Rights at Age of Majority

The student and the student's parents must be informed no later than ONE YEAR BEFORE the student reaches the age of majority (18), of the TRANSFER OF RIGHTS UNDER THE IDEA that will take place when the student turns 18. The ARD committee must include a statement in the IEP that the student has been informed of the rights that will transfer to the student upon reaching the age of majority. The IEP must also include a statement that the student has been provided information and resources regarding guardianship, alternatives to guardianship, including a supported decision-making agreement under TEXAS ESTATES CODE, CHAPTER 1357, and other supports and services that may enable the student to live independently.

The transfer of rights to the adult student will occur unless the adult student has been determined to be incompetent under state law and a court of law has appointed an individual as the legal guardian for the adult student. When the student turns 18 and rights transfer, the school must notify the adult student and the parent of the transfer of rights.

Resources:

- [The Legal Framework: Transition Services – Transfer of Rights At Age of Majority](#)
- [Notice of Transfer of Rights Model Form](#)
- [Texas Department of State Health Services](#)
- [211 State Services](#)

Supplement for a Student Who Is Blind or Visually Impaired

For a student who is blind or visually impaired (VI), the IEP must provide a detailed description of the arrangements made to provide the student with an evaluation of the impact of a student's impairment and instruction in an expanded core curriculum, as required by [TEC §30.002\(c\)\(4\)](#).

Evaluation of the impact of the impairment is a summary of assessments completed by qualified professionals to determine the educational needs that result from a visual impairment. The evaluation identifies how the student can be involved and progress in the general education curriculum and addresses other educational needs that result from the child's disability. The assessments **MUST** include the following:

- A report from a licensed ophthalmologist or optometrist that states the degree of visual loss and prognosis, if possible;
- A functional vision evaluation by a certified teacher of students with visual impairments (TVI) or a certified orientation and mobility specialist (COMS) that includes performance tasks in a variety of environments and recommendations concerning the need for a clinical low vision evaluation;
- A learning media assessment (LMA) by a TVI that includes recommendations concerning which specific visual, tactual, and/or auditory learning media are appropriate for the child and whether there is a need for ongoing evaluation in this area, and
- An orientation and mobility (O&M) evaluation performed by a COMS in a variety of lighting conditions and settings to include home, school, community, and unfamiliar environments.

Additional assessments may include the following:

- A clinical low vision evaluation completed by an eye care professional to prescribe optical devices
- Additional tools to document performance in areas of the expanded core curriculum.



Photo Credit: Texas School for the Blind and Visually Impaired

IEP Development

Instruction in an [expanded core curriculum](#), which includes:

- Assistive Technology
- Career Education
- Compensatory Skills
- Independent Living Skills
- Orientation and Mobility
- Recreation and Leisure
- Self-Determination
- Sensory Efficiency
- Social Interaction Skills
- Career Planning

It must also describe the plans and arrangements made for contacts with and continuing services to the student beyond regular school hours (if needed) to ensure the student learns the skills and receives instruction in the expanded core curriculum.

The student's IEP [MUST INCLUDE INSTRUCTION IN BRAILLE](#) and the use of braille unless the student's ARD committee determines and documents that braille is not an appropriate literacy medium for the student. The ARD committee must make its determination based on an evaluation of the student's appropriate literacy media and literacy skills and the student's current and future instructional needs. Each person who assists in the development of the IEP must receive information describing the benefits of braille instruction.

The student's IEP must address collaboration between school and home settings, including the possible need for parental training and counseling, as well additional training necessary for school district staff related to the specialized needs of students with visual impairments.



Photo Credit: TSBVI

Resources:

- [The Legal Framework: Special Factors – Blind or Visually Impaired](#)
- [TEA Sensory Impairments](#)
- [Texas Sensory Support Network- Services for the Blind and Visually Impaired](#)
- [Texas School for the Blind and Visually Impaired \(TSBVI\)](#)
- [Texas Workforce Commission](#)
- [Texas Health and Human Services](#)
- [The Expanded Core Curriculum for Blind and Visually Impaired Children and Youths](#)

Supplement for Transportation

If the ARD committee determines that a student will require transportation as a related service in order to attend and participate in academic services, extracurricular programs, and related services, the IEP must describe the way the transportation services will be provided.

The IDEA defines [TRANSPORTATION](#) as follows:



- Travel to and from school and between schools;
- Travel in and around school buildings; and
- Specialized equipment (such as special or adapted buses, lifts, and ramps), if required to provide transportation for a child with a disability.



Photo Credit: Klein ISD

IEP Development

The IDEA requires that school districts take steps to offer nonacademic and extracurricular activities in a manner that will afford students with disabilities an equal opportunity to participate in those activities. It expressly includes transportation as a nonacademic and extracurricular service and requires that those services be offered in the least restrictive environment (LRE).

Resources:

- [The Legal Framework: Supplementary Aids and Services, Special Education, Related Services](#)
- [OSERS Questions and Answers on Serving Children with Disabilities Eligible for Transportation](#)

Supplement for Extended School Year (ESY) Services

EXTENDED SCHOOL YEAR (ESY) services are special education and related services provided beyond the regular school year. If the ARD committee determines that the student needs ESY services, then the IEP must identify which of the goals will be addressed during ESY services. An ARD committee considers ESY services for a student who has exhibited, or who reasonably may be expected to exhibit, severe or substantial regression that cannot be recouped within a reasonable period. Services may be offered during the summer months, before and after regular school hours, and during school vacations. ESY services must be aligned with the student's individualized education program (IEP), provided at no cost to the parent, and must meet the standards of the Texas Education Agency (TEA). ARD committees should consider and discuss critical areas addressed in the current IEP to determine whether ESY services are necessary for the student.



Resources:

- [TEA's ESY webpage](#)
- [The Legal Framework: Extended School Year Services](#)

Supplement for a Student with Autism

There are **ELEVEN STRATEGIES** that the ARD committee must consider for students with autism. The strategies must be considered, based on peer-reviewed, research-based educational programming practices to the extent practicable and, when needed, addressed in the IEP. The supplement is revised if changes are made in any of the eleven areas.

The eleven strategies are:

1. Extended educational programming
2. Daily schedules and minimal unstructured time
3. In-home and community-based training
4. Positive behavior support strategies
5. Futures planning
6. Parent/family training
7. Staff-to-student ratio
8. Communication interventions
9. Social skills support and strategies
10. Professional educator and staff support
11. Teaching strategies



Consideration of these strategies in no way implies a requirement to implement any particular strategy. It is the responsibility of the ARD committee to determine on an individualized basis which of the strategies, if any, are to be included in a student's IEP.

Resources:

- [The Legal Framework: Special Factors – Autism](#)
- [Autism Supplement: Commissioner's Rule Related to Autism Guidance](#)
- [Texas Statewide Leadership for Autism Training \(TSLAT\)](#)
- [Texas Autism Circuit](#)
- [Texas Autism Resource Guide for Effective Teaching \(TARGET\)](#)

Supplement for a Student in a Residential Educational Placement

When an ARD committee determines that a [RESIDENTIAL PLACEMENT](#) is necessary to provide a student with a FAPE, the IEP must describe:



- The services which the school district is unable to provide and which the facility will provide;
- The criteria and estimated timelines for the student's return to the school district; and
- The appropriateness of the facility for the student.

Resources:

- [The Legal Framework: Residential Placements](#)
- [TEA Special Education in Nonpublic Schools: Approved Process for Private Facilities that Provide Special Education Instruction](#)
- [TEA Nonpublic Placement Notification and Application](#)
- [Community Resource Coordination Groups \(CRCG\) of Texas](#)

Supplement for a Student Placed at the Texas School for the Blind and Visually Impaired (TSBVI) or the Texas School for the Deaf (TSD)

When the ARD committee determines that the student [WILL BE PLACED AT](#) the TSBVI or the TSD, the IEP must describe:

- The services in the student's IEP that the TSBVI or the TSD can appropriately provide; and
- The criteria and estimated timelines for the student's return to the resident school district, as applicable.



Resources:

- [The Legal Framework: Residential Placements](#)
- [TEA Sensory Impairments](#)
- [Texas School for the Blind and Visually Impaired \(TSBVI\)](#)
- [Texas School for the Deaf \(TSD\)](#)
- [Texas Sensory Support Network](#)

Supplement for Behavior Improvement Plan or Behavioral Intervention Plan

A behavioral improvement plan or a behavioral intervention plan (BIP) may be necessary when a student's behavior impedes the student's learning or the learning of others. If the ARD committee determines that a BIP is required, it must be [INCLUDED](#) as part of the student's IEP and provided to each teacher who has responsibility for educating the student. The ARD committee must consider the use of positive behavioral interventions and supports and other strategies that address the



IEP Development

behavior. When, following a manifestation determination, it is determined that a student's behavior was a manifestation of his or her disability, the ARD committee must either conduct a functional behavioral assessment, if such an assessment had not been conducted before the behavior at issue occurred and implement a BIP. If a BIP was already in place, the ARD committee must review and modify it as necessary to address the behavior.

Resources:

- [The Legal Framework: Discipline](#)
- [TEA Discipline and School Removals](#)
- [Texas Behavior Support Initiative \(TBSI\) Modules](#)
- [U.S. Department of Education: School Climate and Discipline](#)
- [OSEP Positive Behavioral Interventions and Supports](#)
- [OSEP Technical Assistance Document Supporting and Responding to Behavior](#)
- [FBA and BIP Issues and Strategies Course \(TSLAT\)](#)



Photo Credit: Fort Worth ISD

ARD Committee Meeting Documentation

Meeting Participants

The IEP must include the name, position/title, and signature of each member [PARTICIPATING](#) in the meeting.

2 Indication of Agreement or Disagreement

The IEP must indicate whether the student's parents, the adult student, if applicable, and the district representative/administrator [AGREED or DISAGREED](#) with the decisions of the ARD committee.

3 Statement of Disagreement

If the IEP was not developed by agreement of all ARD committee members, the IEP [MUST INCLUDE](#) a written statement of the basis of the disagreement. Each ARD committee member who disagrees with the IEP is entitled to include his or her statement of disagreement.

Name: 1	Position: 1	Signature: 1	Agree	Disagree 2
First Last	Parent(s)/Adult Student	<i>Signature</i>	X	
First Last	District Representative	<i>Signature</i>	X	
First Last	General Education Teacher	<i>Signature</i>		
First Last	Special Education Teacher/Provider	<i>Signature</i>		
First Last	Assessment	<i>Signature</i>		
First Last	Speech Language Pathologist	<i>Signature</i>		
First Last	Student	<i>Signature</i>		
Statement of Disagreement: 3				
All participants agreed.				



What happens when parents do not agree with the IEP?

There are times when parents may not agree with the recommendations made by the other members of the ARD committee about the student's education. In these situations, parents must be offered an opportunity to recess and reconvene the ARD committee meeting within 10 school days (unless mutually agreed otherwise). During the recess the ARD committee members must:

- Consider alternatives,
- Gather additional data,
- Prepare further documentation, and/or
- Obtain additional resource persons who may assist the ARD committee in reaching mutual agreement.

If a recess is implemented, and if the ARD committee still cannot reach mutual agreement, the LEA must implement the IEP that it has determined to be appropriate for the child.

Under the law, parents have the right to challenge decisions about their child's eligibility, evaluation, placement, and the services that the school provides to the child. If parents disagree with the school's actions, or refusal to act, they have the right to pursue several dispute resolution options. All options can be reviewed on the TEA [Special Education Dispute Resolution Processes](#) webpage, including accessing the [Special Education Dispute Resolution Handbook](#).

Resources:

- [U.S. Department of Education – A Guide to the Individualized Education Program](#)
- [TEA Special Education Dispute Resolution Processes](#)
- [CADRE – The Center for Appropriate Dispute Resolution in Special Education](#)

ARD Committee Decisions

The statement of the individualized education program (IEP) must accurately document the decisions of the ARD committee concerning issues discussed at each meeting. Decisions documented in other sections of the IEP do not have to be restated in the deliberations section.

Copy of the IEP

Schools must [PROVIDE PARENTS A COPY](#) of the IEP at no cost. For parents who do not speak English, and their native language is Spanish, the school must provide a written copy or audio recording of the IEP translated into Spanish. For languages other than Spanish, the school is required to make a good faith effort to provide a written copy or audio recording of the IEP translated into the parents' native language.

Note:



- A written translation means that all of the text is translated in written form.
- An audio recording of an ARD committee meeting where an interpreter provided translation of the meeting is acceptable as long as all of the content in the IEP is orally translated and recorded.

IEP Amendment without a Meeting

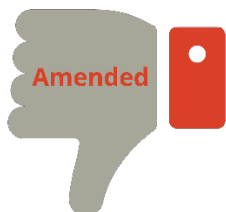
In making changes to an IEP after the annual ARD committee meeting, the parent and the school MAY AGREE not to convene an ARD meeting to make changes, and instead may develop a written document to amend or modify the current IEP. If any changes are made to the IEP in this manner, the school must ensure that the ARD committee, including the parent, is informed of these changes.

An IEP may be amended without an ARD meeting when there are proposed changes to:



- Present Level of Academic Achievement and Functional Performance
- Goals and Objectives/Benchmarks
- State Assessments
- Progress Measurement
- Accommodations
- Transportation

The IEP amendment process may NOT be used for:



- Eligibility Determinations
- Changes of Placement
- Manifestation Determination Reviews
- Annual ARD Meeting

Resources:

- [The Legal Framework: Amendment Without a Meeting](#)

Resources

[211 State Services](#)

[Accelerated Instruction and Intensive Programs of Instruction](#)

[CADRE – The Center for Appropriate Dispute Resolution in Special Education](#)

[Child Find, Evaluation, and ARD Supports Network](#)

[Child Find, Evaluation and ARD Supports Network ARD 101 Virtual Workshop](#)

[Community Resource Coordination Groups \(CRCG\) of Texas](#)

[ESC 13 Accommodation Central](#)

[ESC 20 Present Levels of Academic Achievement and Functional Performance \(PLAAFP\) at a Glance Document](#)

[Inclusion in Texas Network](#)

[Assistive Technology Resources](#)

[Inclusion Resources](#)

[Specially Designed Instruction: A Resource for Teachers](#)

[Individual Education Plan \(IEP\) Annual Goal Development - Question and Answer Document](#)

[IRIS Center - Assistive Technology Module](#)

[IRIS Center – High-Quality PLAAFP Statements](#)

[IRIS Center – Overview of High-Quality IEPs](#)

[National Technical Assistance Center on Transition](#)

[Notice of Transfer of Rights Model Form](#)

[Parent's Guide to the Admission, Review, and Dismissal Process](#)

[Progress in the General Curriculum: Administrators Featured Resources \(IEPs\)](#)

[Progress in the General Curriculum: Least Restrictive Environment](#)

[Progress in the General Curriculum: The Least Restrictive Environment Q & A](#)

[Secondary Transition Guidance](#)

[Texas Behavior Support Initiative \(TBSI\) Modules](#)

[Texas Complex Access Network \(TXCAN\)](#)

[TXCAN IEP Quality and Rigor Rubric](#)

[TXCAN PLAAFP Resources](#)

[Texas Council on Autism and Pervasive Developmental Disorders \(PDD\)](#)

[Texas Department of State Health Services](#)

[Texas Education Agency](#)

[TEA Texas Assessment Program Frequently Asked Questions \(FAQs\)](#)

[TEA Assistive Technology](#)

[TEA Bilingual and English as a Second Language Education Programs](#)

[TEA Career and Technical Education](#)

[TEA Discipline and School Removals](#)

[TEA Documenting the Frequency, Location and Duration of Related Service](#)

[TEA English Learner FAQ - LPAC](#)

[TEA and ESC 20 IEP Goal Development in Texas](#)

[TEA Extended School Year Services for Students with Disabilities](#)

[TEA Graduation Guidance](#)

[TEA Guidance for Inviting Agency Representatives to ARD Committee Meeting](#)

[TEA Guidance Related to ARD Committee and LPAC Collaboration](#)

[TEA IEP Model Form](#)

[TEA IEP Model Form Guidance Nov 2016](#)

[TEA LPAC Decision-Making Process for the Texas Assessment Program](#)

[TEA Nonpublic Placement Notification and Application](#)

[TEA Related Services for Students with Disabilities - Questions and Answers](#)

[TEA Secondary Transition Guidance](#)

[TEA Sensory Impairments](#)

IEP Development

- [TEA Special Education Dispute Resolution Handbook](#)
- [TEA Special Education Dispute Resolution Processes](#)
- [TEA Special Education in Nonpublic Schools: Approved Process for Private Facilities that Provide Special Education Instruction](#)
- [TEA STAAR Alternate 2 Resources](#)
- [TEA STAAR Alternate 2 Participation Requirements](#)
- [TEA State Graduation Requirements](#)
- [TEA State Guidance for Special Student Populations](#)
- [TEA Student Assessment Division](#)
- [TEA Student Assessment - Accommodations](#)
- [TEA Student Attendance Accounting Handbook](#)
- [TEA Student Success Initiative](#)
- [TEA Technical Assistance: Child Find and Evaluation](#)
- [TEA TELPAS Resources](#)
- [TEA Texas Essential Knowledge and Skills \(TEKS\)](#)
- [TEA Texas Prekindergarten Guidelines, or the Texas Infant, Toddler, and Three-Year-Old Early Learning Guidelines](#)
- [Texas Health and Human Services](#)
- [Texas School for the Blind and Visually Impaired \(TSBVI\)](#)
 - [The Expanded Core Curriculum for Blind and Visually Impaired Children and Youths](#)
- [Texas School for the Deaf](#)
- [Texas Sensory Support Network](#)
 - [Services for the Blind and Visually Impaired](#)
- [Texas Statewide Leadership for Autism Training \(TSLAT\)](#)
 - [Autism Supplement: Commissioner's Rule Related to Autism](#)
 - [FBA and BIP Issues and Strategies Course](#)
 - [Texas Autism Circuit](#)
 - [Texas Autism Research and Resource Center](#)
 - [Texas Autism Resource Guide for Effective Teaching \(TARGET\)](#)
- [Texas Transition Network](#)
 - [Transition Assessment](#)
- [Texas Workforce Commission](#)
- [The Legal Framework](#)
- [U.S. Department of Education](#)
 - [U.S. Department of Education – A Guide to the Individualized Education Program](#)
 - [U.S. Department of Education “A Transition Guide To Postsecondary Education and Employment For Students and Youth with Disabilities”](#)
 - [U.S. Department of Education - Dear Colleague Letter IEP Alignment with State Standards](#)
 - [U.S. Department of Education - Individuals with Disabilities Education Act](#)
 - [U.S. Department of Education - OSEP Positive Behavioral Interventions and Supports](#)
 - [U.S. Department of Education – OSEP Supporting and Responding to Behavior](#)
 - [U.S. Department of Education – OSERS Questions and Answers on Serving Children with Disabilities Eligible for Transportation](#)
 - [U.S. Department of Education “Questions and Answers on Individualized Education Programs, Evaluations, and Reevaluations](#)
 - [U.S. Department of Education: School Climate and Discipline](#)

Texas Special Education Statewide Leadership Networks:

(Scan the QR Code or click on the boxes below to go directly to the website)

Child Find,
Evaluation, and
ARD Supports



School, Family,
and Community
Engagement



Inclusion in
Texas



Texas Statewide
Leadership for
Autism Training
(TSLAT)



Tiered Interventions
using Evidence-
Based Research
(TIER)



Texas Complex
Access Network
(TX CAN)



Texas Sensory
Support Network
(TxSSN)



Small and Rural
Schools
Network (SRSN)



Student-Centered
Transitions
Network (SCTN)



Multiple
Exceptionalities
and Multiple Needs
(MEMN)



Additional Special Education Resources:

(Scan the QR Code or click on the boxes below to go directly to the website)

framework.
esc18.net

432-561-IDEA



tea.texas.gov/
TexasSped

512.463.9414



Special Education Resources for Parents and Families:

(Scan the QR Code or click on the boxes below to go directly to the website)

spedtex.org

1.855.773.3839



prntexas.org

1.800.866.4726





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TexasEducationAgency](https://twitter.com/TexasEducationAgency)
#IAmTXEd

 tea.texas.gov

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